

Coaching A Leadership Skill

Description: Coach, Role Model, Counsellor, Supporter, Guide...do these words ring a bell? Being a coach involves being a role model, sometimes a counsellor or supporter, and always a guide.

Coaching is based on a partnership that involves giving both support and challenging opportunities to employees. Knowing how and when to coach is an essential skill that can benefit both you and your organisation

This one-day workshop will help you become a better coach in all senses of the word.

Benefits:

- ✧ Understand how coaching can be used to develop your team.
- ✧ Develop the coaching skills that help improve individual performance.
- ✧ Demonstrate the behaviors and practices of an effective coach.
- ✧ Recognize employees' strengths and give them the feedback they need to succeed.
- ✧ Identify employee problems and ways you can help to correct them.

Duration: One Day

Objectives: This one-day workshop will help participants how to:

- ✧ Use coaching to develop their team
- ✧ Develop the coaching skills that help improve individual performance
- ✧ Demonstrate the behaviors and practices of an effective coach
- ✧ Recognize employees' strengths and give them the feedback they need to succeed
- ✧ Identify employee problems and ways you can help to correct them



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- Content:** Introduction and Course Overview
- Defining Coaching
- Interpersonal Communication Skills
- Self-Disclosure
- Critical Coaching Skills
- More on Communication
- Learning Styles and Principles
- Benefits/Consequences
- Skills Involved in Coaching
- The Coaching Model
- Feedback
- Coaching Problems
- Workshop Wrap-Up

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